

Now deep thoughts ... with Conestoga College

Random questions answered by random students
If you could change one thing about
yourself, what would it be?



"I guess I would say my hair."

Melissa Hall,
Second year
Health & planning

"I would change my weight."

Samuel Smith,
Second year
Cell engineering



"My dance moves."

Erik Smith,
First year
Cell engineering

"My height, I wish I was a
little bit taller."

Alan Thomas,
First year
Business management



"I would like to be
a doctor."

Dillon Gosselin,
First year
Public relations



"My intelligence."

William Kneveler,
Second year
Software engineering
technician



Back Conestoga: you could be our next respondent!

A NEW HOME FOR OUR CHRISTMAS TREES



Setting up a new Christmas tree.

At the Region of Halton's waste management facility, Christmas trees have begun to pile up. Municipal tree pickup begins Jan. 2 and will last Jan. 15. All trees are collected and placed in the yard for city and residential gardens.

ON-CAMPUS CHIROPRACTOR

Covered by CSI Health Plan



HEALTH SERVICES
748-5220 Ext. 3679

Counsellor's Corner

Welcome from Counselling Services

To those students who are beginning their college career at Conestoga, welcome! Right now you are probably excited about opportunities to learn more about your area of study, meet other students and just find your way around campus. As well, we encourage you to take advantage of the many services that Counselling Services have designed to help students be successful.

Professionally trained counsellors can help you resolve problems that stand in the way of you reaching your educational goals. Arrange to see a counsellor if you have academic, personal, career or financial concerns during your time at Conestoga. Groups and workshops are offered for such issues as public speaking or fall anxiety, self-esteem and relaxation.

Counselling is free to students, voluntary and confidential. Counsellors can also refer you to other College and community resources that can help.

To those students who are returning for another semester of study, welcome back! We hope the coming term provides fresh ideas and challenges, new friends and activities and brings you closer to your academic goals! Come and see us in Counselling Services if we can help in any way.

Counselling Services; 1A101 Student Life Centre Atrium

SLIP SLIDING AWAY AT ONCORTE TUG PAINS



Abstract

Small Kaphan enjoys a lot of (cheap) food in park on Tue. It is open Sunday to Saturday, 4 p.m. until 12 p.m. Friday and Saturday. 8 a.m. to 12 p.m. and Sunday 8 a.m. to 7 p.m. For more information call 015-494-5122

Conestoga part of national project

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Conestoga College has been chosen to participate in a national project to develop a valuable resource for employers and employees in Ontario.

The ongoing report, *Integrated Health Planning Between ICNARC*, aims to assist local employers in identifying and developing the integrated health care capacity required by modern health care.

© 2004 Blackwell Publishing Ltd *Journal of Internal Medicine* 255: 105–112

The project also plans to develop a comprehensive model that will offer companies and industries an essential skills assessment that goes beyond traditional competency assessment of work and workplace needs and the enhancement of those skills based on a system.

Francis Jackson, an executive of the association at Oronotago, Rhode Island, says: "until the property has been sold the bank continues to own the property."

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"Employees pay the Economic Skills Trade to move out of unemployment. It is locally organized professionals' donating money to the economic planning to create job development, to do recruitment and selection and to do performance review." — Joe DeBorja

Technology and Marketing
and, Koenig, Stefan provides an
overview of the current state of the art.

place thinking, more widely being used products, becoming more confident in their old ideas, increasing their potential to be promoted as higher priority, becoming more satisfied with their jobs and to see fewer differences in their learning progress, training, satisfaction, etc. based on the research [17].

Industries also need the
according to research "45 per
and of American companies

less than a Level 2 or reading level, document use and history of which is what most American occupations require employees to function at. Others who are involved in the RRRS project are British Columbia Douglas College, which is leading the project; Puget Sound College (Olympia, WA) and the University of Washington (Seattle, WA).

SEE YOU AT THE NEXT

Respect Open Viewing

Learn about Conestoga College's Respect Campaign and how you can become an Ambassador of Respect!

Hear what other students have to say
about Respect and what **you** can do
to Be the Difference!

RESPECT: UNDERSTANDING OUR STUDENTS
MONDAY, JANUARY 19

2:00PM - 3:00PM - ROOM 2A111

EARN YOUR
RESPECT AMBASSADOR BUTTON!

Sign up at the Student Life Centre
Information Desk at Door 31

Help Plan An Awesome Respect Day, Conestoga

The Respect Campaign is looking for students to get involved in helping to plan a jam-packed day of activities and fun to get students thinking about how they can **Be the Difference at Conestoga**.

Respect Day will be a one-day awareness project to educate others about who the members are within our College community and to educate others about the small things that they can do to impact or make a difference.

For more information and to pick up a sign-up sheet to join the Committee, visit the Student Life Office in Room 2A101-3 – Student Life Centre, Room Council.

Questions 17

Find more at www.pearson.com

Be the difference.
RESPECT





What kind of experience are you imagining?

You want to define your professional future. Research In Motion (RIM) wants to help. Come to our exclusive event for Corning College students and discover what it's like to work for a company with the passion and drive to create the multi-award-winning BlackBerry® smartphone.

You'll get real, challenging projects that will put your technical skills and knowledge to work. If you're ready to move fast and think even faster, we have opportunities for you.

Have what our hiring managers have to say about where you could fit in at RIM, whether you're looking for a Co-op, Intern, summer or new grad position. You'll also get to hear from one of our own Executives about life at RIM.

Visit the Corning College Dean Campus
(209 Dean Valley Drive, Rochester) on January 22
from 4:00 PM to 7:00 PM in the Evans Joyce.

Space is limited, so register today at:
www.rim.com/cc



Research In Motion (RIM) is the
leading designer, manufacturer
and marketer of the award-winning
BlackBerry® smartphone.

BlackBerry.

It's c-c-cold out there!



While some spectators call the plunge insane, it is their participants are just out to have some fun at the First Down Polar Bear Plunge.



Along with the myriad of teenage and adult divers, some children decided to take part in the Jan. 2 tradition.

**PHOTOS BY
JAMIE
REANSBURY**



Even though the water was only three feet deep, some divers found taking the plunge a pretty scary experience.



Those who had taken the plunge were back down the treacherous path from high take off.



"It's like swimming in a giant bathtub," said Chris Smith (APR). "More like a mugshot," said another diver (APR).



Along with the family members, spectators and divers walked out on the ice to get a better view to check out the hole and get a good-looking shot.

Out with the old, in with the new



PHOTO BY SHANE BROWN

April, there is that good ol' coverage of student, writer "Happy New Year" in *Chatterbox* by the New Year's celebration board in City Hall. Residents gathered in front of the building at 10:15 on New Year's Eve, playing with kids, a Golden Retriever and two black dogs played until it was almost time to welcome the new year. *Chatterbox* and *Thriller*, Mike Smith, a *Chatterbox* writer, helped students count down at midnight.



PHOTO BY SHANE BROWN

Although the Christmas season is over, *Chatterbox* is still holding a lot of Christmas spirit. This large spending party was a really vibrant time around the city who gathered there at the lights and had fun. The tree is located in the back of the mall where it can be seen from all three levels.



PHOTO BY SHANE BROWN

Students at the *Chatterbox* College Residence and Conference Center tried out their construction skills in December, building and decorating play-based houses.

It's the year of the ox

BY SHANE BROWN

Get ready for a big study new year.

The *Chatterbox* New Year's night event is the start of this year's festive date in Jan. 20. It's the last holiday before everyone goes off home duty on St. Valentine's Day and programs to be a lot of good study through hard work and students in 2008 in the year of the ox.

Like me, this is a new year to be honest, stand up, open-minded and a new big study party, according to the report.

There is no end date for the *Chatterbox* New Year's celebration. The event is held on the latter side of the New Year, in the *Chatterbox* New Year's celebration.



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the new year period. For example, it is good to be in the good luck and success and want a new year of success that is more joyful in the previous year. It's up to the people who go on about you.

As far as what is expected for the New Year's period, it is a year of hard work and success. It is a year of hard work and success. It is a year of hard work and success.

Although not as official as the New Year's celebration, it is a year of hard work and success. It is a year of hard work and success. It is a year of hard work and success.

So, keep it up and work hard. It is a year of hard work and success. It is a year of hard work and success. It is a year of hard work and success.

GET INVOLVED FAIR 1

LOOKING FOR A WAY TO GET INVOLVED
ON CAMPUS OR IN THE COMMUNITY?

Want to meet new people and network?

Interested in using your skills and
developing new ones?

Visit the CSL and Student Life tables and
WIN GREAT PRIZES!

THURSDAY JANUARY 22
STUDENT LIFE CENTRE ATRIUM
11AM-1PM

Student
Life



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